

Self-Evaluation for Youth Leaders

Think about your relationships with others, your skills in helping others, your ability to lead others (as individuals and in groups), and what you bring to being a leader. Then:

- Read through the list of characteristics/activities and decide for each: do I need to do less of this, more of this, or am I doing it the right amount? Check each item in the appropriate place.
- Some goals that are not listed may be more important to you than those listed. Write those goals on the blank lines.
- Go back over the whole list and circle the numbers of the three or four activities/skills in which you want to improve the most.

Communication Skills:	Need to Do Less	OK	Need to Do More
1. Talking in a group	_____	_____	_____
2. Being brief and concise	_____	_____	_____
3. Being forceful	_____	_____	_____
4. Drawing others out	_____	_____	_____
5. Listening actively	_____	_____	_____
6. Thinking before speaking	_____	_____	_____
7. Keeping my remarks on the topic	_____	_____	_____
8. _____	_____	_____	_____

Observation Skills:	Need to Do Less	OK	Need to Do More
9. Realizing tension in the group	_____	_____	_____
10. Noting who talks to whom	_____	_____	_____
11. Noting interest level of the group	_____	_____	_____
12. Sensing the feelings of individuals	_____	_____	_____
13. Noting who is being “left out”	_____	_____	_____
14. Noting reactions to my comments	_____	_____	_____
15. Noting when the group avoids the topic	_____	_____	_____
16. _____	_____	_____	_____

Problem-Solving Skills:**Need to
Do Less****OK****Need to
Do More**

17. Stating problems or goals

18. Asking for ideas and opinions

19. Giving ideas

20. Evaluating ideas critically

21. Summarizing the discussion

22. Clarifying issues

23. _____

Morale- Building Skills:**Need to
Do Less****OK****Need to
Do More**

24. Showing interest in others

25. Working to keep people from being
ignored

26. Helping people reach agreement

27. Reducing tension

28. Supporting the rights of individuals
in the face of group pressure

29. Giving praise or appreciation

30. _____

Expressing Emotions:**Need to
Do Less****OK****Need to
Do More**

31. Telling others what I feel

32. Restraining my emotions

33. Disagreeing openly

34. Expressing warm feelings

35. Expressing gratitude

36. Being sarcastic

37. _____

Facing & Accepting Emotional Situations:	Need to Do Less	OK	Need to Do More
38. Facing conflict & anger	_____	_____	_____
39. Embracing closeness & affection	_____	_____	_____
40. Handling silence	_____	_____	_____
41. Facing disappointment	_____	_____	_____
42. Dealing with tension	_____	_____	_____
43. _____	_____	_____	_____

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